We promote the transformation of society
At "la Caixa" Foundation we’re committed to **improving people’s quality of life**; that’s why we exist. We therefore **focus particularly on programmes with the greatest potential to transform**, such as those that fight child poverty, that foster employment among people at risk of becoming marginalised, and also those that help to improve the living conditions of the most vulnerable.

All this, with the vision of becoming a benchmark for society in developing **lasting solutions that foster social progress**.

Year after year **we promote programmes aimed at combating the problems of society**, using our own innovative methodologies.

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**Key points:**

1. Generate opportunities for children and families in situations of poverty
2. Improve the quality of life of the elderly
3. Support employment opportunities so that vulnerable people can find a job
4. Provide aid for social initiative projects

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**Our commitment to the future:**

to build a better, fairer society by giving more opportunities to the people who need them the most, applying the values that have always underpinned what we do; namely excellence, trust and social commitment.
Child poverty
Helping those who need it the most

For more than a decade, the CaixaProinfancia programme has been working in collaboration with public authorities, educational facilities, health centres and over 400 social organisations to break the cycle of inequalities passed down from generation to generation.

Through educational intervention and based on a model of comprehensive social action, we ensure the most vulnerable children and their families have access to:

- Remedial classes
- Open centres
- Summer camps and activities
- Educational workshops for families

CaixaProinfancia’s comprehensive model also includes health-related services such as:

- Direct aid for children’s meals and hygiene
- Glasses and hearing aids
- Psychological support
- Speech therapy and psychomotor skills

Thanks to the coordination and networking of all the people and organisations involved, we manage to increase the engagement of families in the school environment and improve the academic performance of children and young adults. We also help to significantly reduce the school drop-out rate and increase the number of children who continue their education beyond the mandatory age.

The programme operates in 129 municipalities in Spain and Portugal.

2021 data:

61,244 children attended
Work is one of the most important factors in people feeling they form a part of society. At "la Caixa" Foundation, through the Incorpora programme, we support the most vulnerable people and those with the greatest difficulties in finding employment, as well as helping to foster a more committed society and socially responsible companies.

**Incorpora**
Through the social organisations of the Incorpora network, we support people with disabilities and those at risk of marginalisation to find a job, **adjusting their professional skills to the jobs offered** by companies.

**Incorpora Joven**
We work with young people in situations of social vulnerability, with particular attention to young people coming from the child protection system.

**Reincorpora**
We offer **individualised itineraries to people who’ve been in prison**, so they can re-enter society. Through the programme, we offer inmates coming towards the end of their sentence the chance to build a better future for themselves.

**Incorpora Mental Health**
Our goal is to **improve the employment possibilities and job continuity of people with mental health problems**, with the aim of promoting their integration and helping to create an inclusive company model.

**2021 data:**

<table>
<thead>
<tr>
<th>Employment contracts</th>
<th>Collaborating companies</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>48,758</strong></td>
<td><strong>14,826</strong></td>
</tr>
</tbody>
</table>

The data include statistics from the Incorpora programme and the Empleo Joven and Más Empleo calls, co-financed by the European Social Fund, as well as the calls by the Natural Spaces programme.
Elderly people

Always with our senior citizens

The "la Caixa" Foundation programme for the Elderly, which has been running for over 100 years, aims to improve the quality of life of senior citizens by promoting programmes that seek to empower them and encourage personal growth to prevent loneliness and isolation.

This mission is achieved together with public authorities and collaborating entities.

We do this primarily by taking action in the following areas:

**Network of centres**
Through our network of centres for the elderly and the "la Caixa" Foundation Espai centres, we help each personal project to be achieved, at the same time urging older people to play an active role by encouraging their participation in society.

**Training**
Through the wide range of face-to-face workshops given at the centres, we help older people to acquire new knowledge and empower them through training and group activities, with the aim of fostering their personal development and improving social relations.

**Engagement and volunteering**
We make it easier for older people to participate in our society, to contribute their life experience and knowledge and thereby feel engaged.

**Addressing loneliness**
Implemented in collaboration with local authorities and various social organisations, "la Caixa" Foundation’s Always Supported programme aims to combat the effects of loneliness suffered by many elderly people by encouraging supportive relationships that boost well-being, as well as empowering older people to tackle loneliness themselves. Since 2022, the programme is also being implemented in two cities in Portugal: Lisbon and Porto.

2021 data:

<table>
<thead>
<tr>
<th>Activities</th>
<th>Participants</th>
</tr>
</thead>
<tbody>
<tr>
<td>7,840</td>
<td>109,943</td>
</tr>
</tbody>
</table>

As a result of the COVID pandemic and in accordance with health authority regulations, the centres where activities are normally held remained closed until September 2021.

Right from the start, at "la Caixa" Foundation we’ve always been strongly committed to helping the elderly remain a part of society.
Advanced diseases

We accompany life up until the very last moment

With the Comprehensive care for advanced diseases programme, we work to provide the necessary psychological, social and spiritual aid for patients and their families, as an additional support to their healthcare.

We also have the End of life and loneliness programme, which connects volunteers with people who are facing the end of their lives and need some affection and support, with five “la Caixa” Foundation Espai centres to make the time spent in hospital more humane, and the School for carers, which offers training for both carers and volunteers.

Humaniza, in Portugal
The Comprehensive care for people with advanced diseases programme is also present in Portugal through Humaniza, consolidating the work of the 11 psychosocial care teams and 5 palliative care community teams that work there.

2021 data:

<table>
<thead>
<tr>
<th>Psychosocial Teams</th>
<th>Professionals</th>
<th>Home Support Teams</th>
</tr>
</thead>
<tbody>
<tr>
<td>56</td>
<td>294</td>
<td>147</td>
</tr>
<tr>
<td>in 151 hospitals</td>
<td>professionals</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Patients Attended</th>
<th>Relatives Attended</th>
</tr>
</thead>
<tbody>
<tr>
<td>34,670</td>
<td>39,270</td>
</tr>
</tbody>
</table>
Fundación de la Esperanza (Barcelona)
An organisation whose door is always open

2013 saw the birth of the Fundación de la Esperanza, “la Caixa” Foundation’s organisation for direct social action that strives to promote independence and help vulnerable people to re-enter society.

Located in the Gothic Quarter of Barcelona, the Fundación de la Esperanza works in a network with other local people and organisations to provide comprehensive care tailored to the needs of the families it attends.

For this reason, its areas of action are multidisciplinary, including support, social care, job placement and training, as well as educational services for children and young adults.

2021 data:

2,463 people attended

The Casa de Recés is a residential centre providing socio-educational care that takes in vulnerable women with the aim of helping them to become independent and emancipated.
"la Caixa" Foundation Espai Francesc d’Assís (Manresa)

Comprehensive support for children

At the "la Caixa" Foundation Espai Francesc d’Assís, located in Manresa, we offer comprehensive support for children in vulnerable situations as well as their families through the services of the CaixaProinfancia programme, such as psychotherapeutic care, educational reinforcement and free time activities. Educational programmes for teenagers are also organised, as well as the You’ve Got Talent programme, aimed at children aged 7 to 12, and family educational programmes such as Learning Together, Growing as a Family. The centre also has an area for families and children under the age of 7.

This comprehensive support also focuses on health: thanks to the collaboration of private organisations, the programme offers ophthalmology and dentistry services.

2021 data:

107 families attended
325 children attended
Calls and grants for social projects

Doing it together to *make it happen*

For over 20 years, "la Caixa" Foundation has been promoting its **Programme of Subsidies for Social Initiative Projects** with the aim and commitment to support the social organisations selected in implementing their projects.

Through these **social calls**, the programme supports initiatives aimed at improving the quality of life of the most vulnerable people and groups in society, as well as helping to promote equal opportunities and the transformation of society.

The areas focused on include:

- The elderly and the challenges resulting from ageing
- People with disabilities or mental disorders
- Humanising health
- Combating poverty and social exclusion
- Socio-occupational insertion
- Interculturalism and social action

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**2021 data:**

**1,074 projects selected**

**"la Caixa" Foundation Awards for Social Innovation**

These awards are given every year to the social organisations selected, recognising the 10 most innovative initiatives.
International cooperation
Committed to a fairer world

At the Foundation we work to create opportunities and fight against inequalities for the most vulnerable groups in countries in Africa, Asia and Latin America, promoting programmes that help to achieve the Sustainable Development Goals (SDG).

1. Fostering employment
We promote the creation of good quality employment via innovative, sustainable businesses run by women and young adults through the Work4Progress programme.

2. Global health and research
We help to combat infant mortality by increasing the equitable use of vaccines and supporting research to reduce malaria and pneumonia in low and medium-income countries.

3. Humanitarian and emergency aid
We help to improve the nutritional conditions of children under 5 and their mothers living in refugee camps, through the MOM programme.

We work together with major humanitarian organisations to tackle the crisis in Ukraine.

4. Training
We provide training for young people and professionals from civil organisations in African countries.

5. International cooperation calls for applications
We support Spanish organisations to promote international cooperation projects.

ProFuturo
The ProFuturo programme, which we run together with the Telefónica Foundation, seeks to reduce the educational gap in the world by bringing good quality digital education to children living in vulnerable environments in Latin America, the Caribbean, Africa and Asia.
Regional social action

A local approach

At ”la Caixa” Foundation we enhance our contact with society by working together with local organisations, in collaboration with the CaixaBank branch network. This helps to ensure the most urgent needs are covered and that social work is carried out with a local focus.

Annually:

7,607 collaborations

456,420 estimated beneficiaries
## Social programmes and calls

<table>
<thead>
<tr>
<th>CHILD POVERTY</th>
<th>ELDERLY PEOPLE</th>
<th>COMPREHENSIVE CARE FOR PEOPLE WITH ADVANCED DISEASES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Over 400 collaborating organisations</td>
<td>Participants: 109,943</td>
<td>294 professionals in 56 psychosocial teams for 151 hospitals and 147 home support teams</td>
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<td>Children attended: 61,244</td>
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</tr>
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</table>
SUBSIDIES FOR SOCIAL INITIATIVE PROJECTS

Projects: 1,074

FUNDACIÓN DE LA ESPERANZA

People attended: 2,463

"LA CAIXA" FOUNDATION ESPAI FRANCESC D'ASSÍS

Families attended: 107
Children attended: 325

REGIONAL SOCIAL ACTION

Collaborations: 7,607
Estimated beneficiaries: 456,420
"la Caixa" Foundation
It's only progress if we all progress